

## Mental Wellness for Parkinson

Saturday 22 January 2022

2pm to 4pm

Online via Zoom

*Open to Parkinson Society Singapore members who have been diagnosed before age 60*

mental  
health



Join us and take a peek at how your emotional, psychological and social well-being affects how you think, feel and act. Learn more about how you can promote mental wellness and appreciate joys in life.

### Our Speaker

**Ms Koay Way Inn (Psychologist) Singapore General Hospital**

Ms Koay is a Clinical Psychologist at Singapore General Hospital with over 8 years of working experience in providing neuropsychological assessments. In recent years, she also provides psychotherapy services to patients with neurological conditions.

### Our Facilitator

**Ms Usanee Chotphoksap (Advanced Practice Nurse), Singapore General Hospital**

Ms Usanee is an Advanced Practice Nurse (APN) at the Department of Neurology, Singapore General Hospital and specialises in Parkinson care.

### Registration Fees

Free for PSS  
Members who qualify  
for YPC

### For Registration & Enquiries

6353 5338