



## Part I: Understanding Parkinson - The 5 Stages & Treatments

## Part II: Living Life to the Fullest - My Hobbies

**Saturday 26 March 2022**  
**2pm to 4pm**  
**Online via Zoom**

*\*Open to Parkinson Society Singapore members who have been diagnosed before age 60*

Join us to understand more about Parkinson - the different stages and various treatments .

### Our Speaker - Part I

**Prof Prakash Kumar (Senior Neurologist)**

**Singapore General Hospital**

Prof Prakash is a Senior Neurologist from Singapore General Hospital, Head of Service & Senior Consultant, Department of Neurology, National Neuroscience Institute and Senior Neurologist at Sengkang General Hospital.

### Parkinson Warriors - Part II

Mr Julian Charles Smalley would be sharing about an interesting hobby on "Collecting Model Trains".

Mr Lim Khee Ming would be sharing about his hobby on "Photography".

### Our Facilitator

**Ms Usanee Chotphoksap (Advanced Practice Nurse)**

**Singapore General Hospital**

Ms Usanee is an Advanced Practice Nurse (APN) at the Department of Neurology, Singapore General Hospital and specialises in Parkinson care.

### Registration Fees

Free for  
PSS Members who  
qualify for YPC

### For Registration & Enquiries

6353 5338