



**Part I: Making Safe Environment & Keep Active as Parkinson Progresses**  
**Part II: Living Life to the Fullest - My Hobbies**

**Saturday 24 September 2022**

**2pm to 4pm**

**Online via Zoom**

*\*Open to Parkinson Society Singapore members who have been diagnosed before age 60*

As Parkinson progresses, safety in home will be an increasing concern for patients and caregivers.

This talk shares with you tips on how to modify your home environment to make your daily life safer and easier.

**Our Speaker - Part I**

**Ms Ng Hui Sin (Physiotherapist)**

**Singapore General Hospital**

Ms Hui Sin is a physiotherapist specializing in neurological physiotherapy in Singapore General Hospital (SGH). She has been working at SGH for 4 years and is helping to conduct the Online Zoom Exercise session monthly during the Parkinson Support Group.

**Parkinson Warriors' Sharing - Part II**

Ms Chan Bee Tin will be sharing about her hobby in fruit carving,

**Our Facilitator**

**Ms Usanee Chotphoksap (Advanced Practice Nurse) Singapore**

**General Hospital**

Ms Usanee is an Advanced Practice Nurse (APN) at the Department of Neurology, Singapore General Hospital and specialises in Parkinson care.

**Registration Fees**

Free for PSS Members who qualify for YPC

**For Registration & Enquiries**

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